



JEAN.JACQUES
DESJARDINS
Agent

BIOGRAPHY FREDERIQUE PROULX

Since the age of twelve, Frederique Proulx keeps evolving in the art world. She studied acting for the camera with *Danielle Fichaud* and *Jean-Pierre Bergeron*, Mime at Omnibus school and script analysis with La Vieille 17's Theatre Company. Perfectly bilingual, she took American accent classes with Julia Lenardon and Paula Davis. Recently she starred in the acclaimed movie *Les Rois Mongols*. She pursued her education in Cinema specializing in Screenwriting at the National Institute of Sound and Images (INIS). Since then, Frederique has written, starred and for some, even directed, over twenty short films including, *Clara (Grant Recipient: Pionniers du Cinéma Ciné-Québec 2016, Jury Prize Festival international de Grenoble)*, *Contretemps* (Québec Film Festival, RVCQ) *Scuse (Very short film festival of Paris)* and *Le Piment*, selected in over 50 countries worldwide (*Outfest film festival Los Angeles, NYC Indie Film Festival*). She is presently writing two feature films and various short films including *Transi*, supported by SODEC, which takes place in her hometown of Hearst, Ontario. Frédérique continues to develop her craft with advanced courses at the ScreenwritingU ProSeries, a private screenwriting school in Los Angeles.